



Issue Number 179 April 2020

## Barcoo Shire Community Newsletter

## **Anzac Day 2020**

### Inside this issue:

Page 2 Queensland Health

Page 3 Media Release

Page 4 RFDS Mental Health

Page 5 Community Notices

Page 6 Community Notices

Page 7 Community Notices

Page 8 Community Notices

Page 9 Recipe

Page 10 Jundah State School

Page 12 Kids Corner

Despite Anzac Day looking a little differently this year due to social distancing regulations, it was still greatly acknowledged throughout the Barcoo Shire by paying our respects and taking part in 'Light Up the Dawn'. The Barcoo Shire Council is proud to have been a part in encouraging all to pay respects in their own personal way.



Cenotaph in Barcoo Shire War Memorial Park, Jundah at dawn. "Lest We Forget" Remembering all those who made sacrifices to serve our country and especially those who enlisted from our shire in all conflicts.





'At the going down of the sun and in the morning we will remember them. Lest we forget.'



### Queensland Health

# CLEAN HANDS SAVE LIVES

12 steps to successful everyday handwashing



Wet hands with water



Apply enough soap to cover all hand surfaces.



Lather thoroughly.



Rub hands palm to palm.



Rub hands palm to palm with fingers interlaced.



Rub back of hand using the palm of the other with fingers interlaced.



In a circular motion rub the tips of fingers in the palm of the opposite hand.



Clean thumb by holding it in the other hand and rotating.



Rub wrist with the opposite hand.



Interlock fingers and rub back of fingers on opposite palms.



Rinse hands with water.



Dry hands with clean paper towel and use paper towel to turn off tap.

Duration of hand-wash

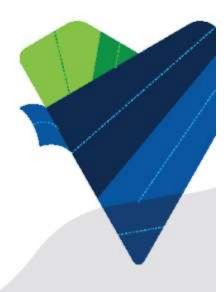
April 2020



STEPS (1) TO (10)

Researchers think that if everyone washed their hands properly, about 1 million lives would be saved every year.<sup>1</sup>

When performed correctly, hand hygiene results in a reduction of microorganisms on hands. Poor hand hygiene contributes to the spread of pathogens, which can cause health issues such as gastrointestinal and respiratory infections.





Please note: These guidelines are for social handwashing only, such as after toilet use and before touching food. This poster is not intended for use in clinical settings.

 Corts, V. 2007. "Fact of monitory hands with any or discharacticism for community: a systematic review" Lancet Infect Dis, flattered by March 2003, we wanth niments good pairmed impringe;

"Based on the 'How to HamilWash Poster' O World Health Organization song

## Media Release—Longreach Respiratory Clinic



### Hon David Littleproud MP

Minister for Agriculture, Drought and Emergency Management
Deputy Leader of The Federal National Party
Federal Member for Maranoa

### Media Statement

April 24, 2020

\*\*\* Embargoed until 12:01AM Monday April 27, 2020 \*\*\*

#### Longreach respiratory clinic welcomed by Maranoa MP

The Longreach Medical Centre will be the second GP-led respiratory clinic in Maranoa (after St George) when its doors open, to support patients dealing with symptoms associated with COVID-19, influenza and pneumonia.

Maranoa MP David Littleproud said the clinic will provide efficient and effective care for the Central West region as all levels of Government work together to stop and slow the spread of COVID-19.

"This Commonwealth Government initiative is adding vital capacity to the Longreach Medical Centre, whose staff have worked tirelessly to implement the COVID-19 protocols and establish this specialised respiratory clinic," Mr Littleproud said.

"Since this pandemic first became a recognised threat to our communities in the West, I've been humbled by the response of our health professionals who've rapidly adapted to take care of communities across Maranoa.

"The Government is committed to ensuring our rural and remote communities have all the tools they need to keep coronavirus at bay, and the capacity to deal with cases if they emerge.

"By providing fast and safe access to the respiratory clinic, people in the Central West are going to be able to quickly have their symptoms identified and undergo whatever treatment is necessary.

"The establishment of this dedicated respiratory clinic ensures GPs have a safe and efficient avenue to also attend to non-respiratory related needs of other patients.

"This reduces the risk of cross-infection with COVID-19 and Influenza.

"On top of this I'd like to highlight the successful uptake of teleheath appointments – particularly during the pandemic, they keep us safe in the comfort of our home whether that's in the middle of Longreach or 100 kilometres away on a cattle station."

### **RFDS Mental Health**

**RFDS Remote Wellbeing Service goes digital.** To help contain the spread of COVID-19 we are now providing our service exclusively via telephone and video link.

Talking with a professional in private can help you figure out different ways of managing feelings, thoughts, worries and life in general.

]

Our RFDS mental health clinicians are specifically trained to assist people with a range of mental health and wellbeing concerns and can help you problem solve how to improve and manage your wellbeing.

### A mental health clinician can help with:

- > Feeling depressed, worried, stressed or anxious
- Srief, loss or trauma
- > Relationship difficulties
- > Family problems
- > Alcohol or substance use concerns
- > Sleeping difficulties
- And many other wellbeing concerns or problems that you may be experiencing

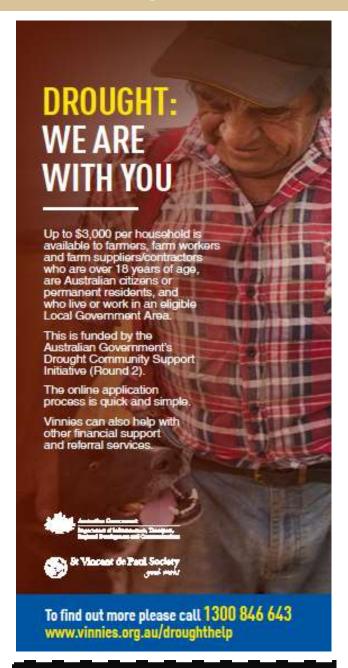




For further information, contact:

Sarah Reid P: 0436 844 485 E: sreid@rfdsqld.com.au (or contact your local clinic)

The furthest corner. The finest care.



Please ensure any newsletter submissions are sent to;

stonehengeinfo@barcoo.qld.gov.au

by the last Monday of the month at the latest.

Thank you!



### Tourism and Community Advisory Committee Request for Applications

Council is currently seeking to appoint a Tourism and Community Advisory Committee to make recommendations to Council on strategy and relevant issues in accordance with Section 265 of the Local Government Regulation 2012.

The Advisory Committee comprises of two Councillors and suitably committed residents of the Barcoo Shire.

To apply, email <u>shire@barcoo.qld.gov.au</u> outlining the following;

- 1. Why you are interested in the Committee; and
- What expertise you can contribute to the Committee.

For further information, please contact Paul Hockings, Chief Executive Officer on (07) 4658 6900.

Applications close 2pm on Friday 8 May 2020.

Paul Hockings BARCOO SHIRE COUNCIL CEO PO Box 14, Jundah Q 4736



### Land, Water & Animal Management Advisory Committee Request for Applications

Council is currently seeking to appoint a Land, Water & Animal Management Advisory Committee to make recommendations to Council on strategy and relevant issues in accordance with Section 265 of the Local Government Regulation 2012.

The Advisory Committee comprises of two Councillors and suitably committed residents of the Barcoo Shire.

To apply, email <u>shire@barcoo.old.gov.au</u> outlining the following:

- 1. Why you are interested in the Committee; and
- What expertise you can contribute to the Committee.

For further information, please contact Paul Hockings, Chief Executive Officer on (07) 4658 6900.

Applications close 2pm on Friday 8 May 2020.

Paul Hockings BARCOO SHIRE COUNCIL CEO PO Box 14, Jundah Q 4736

### Photo competition still open—guesses welcome!

## This is a quick and easy competition to take part in.

If you think you know the location of the photo, taken somewhere within the Barcoo Shire, email through your answer to

jundahinfo@barcoo.qld.gov.au .

The first correct answer received will be the winner.

Please be descriptive in your answer describing the location.





### GENERAL MEETINGS SCHEDULE OF DATES

In accordance with Section 277 of the Local Government Regulation 2012, Barcoo Shire Council advises that the schedule of dates for the Ordinary Meetings for the period January to December 2020 is as follows:

Month	Day/Date	Location
January	Wednesday, 22 January	Jundah Council Chambers
February	Wednesday, 19 February	Stonehenge Community Centre
*March	Wednesday, 18 March	Jundah Council Chambers
	LOCAL GOVERNMENT ELECTION	l: Saturday, 28 March
April	Wednesday, 15 April	Jundah Council Chambers
May	Wednesday, 20 May	*Jundah Council Chambers
June	Wednesday, 17 June	Jundah Council Chambers
July	Wednesday, 15 July	Jundah Council Chambers
August	Wednesday, 19 August	Stonehenge Community Centre
September	Wednesday, 16 September	*Windorah Community Centre
*October	Wednesday, 28 October	Jundah Council Chambers
November	Wednesday, 18 November	Windorah Community Centre
December	Wednesday, 16 December	Jundah Council Chambers

<sup>\*</sup>Amended since original publication

Paul Hockings Chief Executive Officer Barcoo Shire Council 6 Perkins Street, Jundah

### Jundah Golf Club

Playing a round of golf is an allowed form of exercise whilst there are restrictions due to the coronavirus. Everyone who would like to play 9 or 18 holes of golf is welcome at the golf course. Please remember the social distancing guidelines.

Please respect the rules that have been stipulated by the government. Social isolation means that you need to walk, not use the buggies. And if you're out for exercise, walking is the best.

Green fees for non-financial members are \$5 per game. Leave the fees in the post of the small gate near tee 1. Buggy usage is not available at the moment.

Membership is \$100 annually. This allows you unlimited times on the course, buggy usage & membership of Central West Golf.

Currently the bar is closed.

Formal games will commence once the restrictions, on gatherings, are lifted. Contact Denis, Pinkie or Steve for any information.



### THE BARCOO SHIRE COUNCIL

REQUEST FOR TENDER NO: BSC T24/2019-20

Establishment of a Panel of Pre-Qualified Suppliers for Wet & Dry Plant Hire Tender.

Tenders are invited for the Wet & Dry Plant Hire Tender; closing 2:00pm Tuesday 26 May 2020 at the office of Barcoo Shire Council, 6 Perkins Street, Jundah Qld 4736 Tel: (07) 4658 6900.

Tender documents will be available for download Friday 24 April via Vendor Panel Market Place under the category of Plant & Equipment Hire Services <a href="www.vendorpanel.com.au">www.vendorpanel.com.au</a> Persons wishing to access these documents must first register in the domain.

Barcoo Shire Council reserves the right to invite all tenderers to alter their tender to account for changes in the tender specifications prior to awarding the Contract. The lowest or any tender not necessarily accepted.

Mr Paul Hockings Chief Executive Officer Barcoo Shire Council

## Local Government Elections 2020 Congratulations to the successful candidates for this term.

Mayor: Sally O'Neil

**Deputy Mayor:** Dianne Pidgeon

**Councillors:** Roger Batt

**Ingrid Miller** 

**Andrew Miller** 



6 Perkins Street
PO Box 14
JUNDAH QLD 4736
P: 07 4658 6900
F: 07 4658 6955
E: shire@barcoo.qld.gov.au
W: www.barcoo.gld.gov.au



HEART OF THE CHANNEL COUNTRY

### COMMUNITY NOTICE

### Expression of Interest (EOI2020-01)

### Council Meeting Catering May 2020 – December 2020

Council invites Expressions of Interest from community groups and businesses for catering to be provided for the following Council meetings in 2020:

May	Wednesday 20 May	Jundah Council Chambers
June	Wednesday 17 June	Jundah Council Chambers
July	Wednesday 15 July	Jundah Council Chambers
August	Wednesday 19 August	Stonehenge Community Centre
September	Wednesday 16 September	Windorah Community Centre
October	Wednesday 21 October	Jundah Council Chambers
November	Wednesday 18 November	Windorah Community Centre
December	Friday 16 December	Jundah Council Chambers

For each meeting, catering will need to be delivered to the above nominated meeting places for serving at the following times:

- Morning tea at 10:30am
- Lunch at 1:00pm

Morning tea: Basic morning tea consisting of muffins or cakes, and fruit platter.

Lunch: Basic lunch consisting of mixed sandwiches and savouries.

TO SUBMIT: Email your expression of interest to <a href="mailto:shire@barcoo.qld.qov.au">shire@barcoo.qld.qov.au</a> marked "EOI2020-01 Council Meeting Catering" in the subject line. Prices should be submitted on a PRICE PER HEAD basis and include any GST. Please also specify which meeting/location you are able to cater for. EOI's close 12 Noon Tuesday 15 May 2020.

Should you require further clarification or any further information, please don't hesitate to contact Council on (07) 4658 6900 or <a href="mailto:shire@barcoo.qld.gov.au">shire@barcoo.qld.gov.au</a>

Paul Hockings Chief Executive Officer Barcoo Shire Council

Date: 29 April 2020

File Ref: 43768

### Milo Banana Bread & Creamy Vegetable Soup

## Milo banana bread—a fun recipe to bake with the kids



### **INGREDIENTS**

- 4 Ripe Bananas moshed
- 1/4 cup Vegetable Oil
- 1 tsp Vanilla
- 1 tsp Bicarbonate Soda
- 3/4 cups Almond Meal
- 3/4 cups Plain Flour
- 1 cup Milo
- 3 Eggs beaten
- 1/3 cup Milk

### METHOD

- 1 Pre-heat oven to 180 degrees.
- 2 In a large mixing bowl, mash bananas, add oil, vanilla and bicarbonate soda, mix well using a wooden spoon. Add almond meal flour and Milo, mix well with wooden spoon. Crack eggs into large glass and add milk, whisk with a fork until lightly beaten. Pour into banana bread mix and mix well with wooden spoon.
- 3 Line loaf tin with baking paper and pour in batter. Bake for 50-60 minutes until golden brown and skewer comes out clean.

Creamy Vegetable Soup—to cram in the veggies and balance out the banana bread!



### **INGREDIENTS**

- 45 grams Butter
- 1 Leek or brown onion
- 1/4 cup Plain Flour
- 5 cups Water
- 2 Vegetable Stock Cubes
- 1 bunch Broccoli cut into small florets
- 2 Carrots peeled and chopped
- 1 Potato peeled and chopped into chunky pieces
- 1/2 cup Cream
- 2 Zucchini chopped into rings
- Salt And Pepper To Taste

### **METHOD**

- 1 In a large saucepan melt the butter until bubbling.
- 2 Add the leek (or onion) and cook until soft.
- 3 Stir in the flour and cook the mixture, stirring with a wooden spoon until thick.
- 4 Add the water and the stock cubes and the potato. Cook for about five minutes before adding the remaining vegetables.
- 5 Simmer for 10 minuets or until the vegetables are cooked through.
- 6 Stir in the cream, season to taste and serve immediately.

## **Jundah State School**

#### March News

Hello Everyone

It is hard to believe that we are at the end of Term 1 and Easter is nearly here. At this stage, Jundah State School is not closed and students are welcome to attend providing they are well. Thank you to all the parents and staff for continuing each day in the best way that you can and following the advice of the highest medical people about sending your students to school.

Swimming with Carolyn Taylor has finished for the summer and the students continue to improve. Thank you to the Barcoo Shire Council for the use of the pool and to Stonehenge and Windorah State Schools for travelling each fortnight.

In curriculum this term, the students have been working with the text 'The Lorax' by Dr Suess. There is a lot of humour with a very serious underlying message and the students have had many interesting discussions. In Maths, number has been ongoing. There has been a unit on location and transformation with mapping and symmetry being the topics. The other unit was the data representation and interpretation, exploring the collecting, displaying and interpreting of data. In Science, students have been learning about Earth and Space. The P-2 explored changes to the local environment due to weather and seasons. The 3-4 focussed on the causes of everyday observations on Earth, including night and day, sunrise and sunset, and shadows. The 5-6 investigated the key features of the solar system and how scientists have contributed to our understanding of space.

Kindy has been in the afternoons and all day Thursday. This will change to the mornings next term. Kindy is a time of play, wonder and enjoyment in learning all the time. The routine has been established and everyone joins in.

Tuck shop on Thursday has given students a choice and parents the chance not to have to pack lunch. Thank you to the Roadhouse who have been doing the tuckshop.

The P&C have an Easter raffle and the prizes look amazing to all those who love chocolate.

Have a safe and happy Easter holiday.

#### **April News**

The holidays have been and gone. The students all returned to school and settled back into the routine straight away. The school had packages ready for home schooling and the students were able to use the booklets and have discussions with peers and teachers.

This term in Maths students will be working with three of the sub-strands: number and place value, time and chance. In time, students will be beginning to learn how to tell the time, use timetables, calculate times and the differences in the time it takes/time lapses. In Number, students will be exploring number patterns and sequences, including using the four operations of addition, subtraction, multiplication and division. In Chance, students will explore outcomes, probability and the chance of daily events occurring. The language of time includes: day, night, week, hour, minute, second, year, month, calendar, clockwise, decade, century, quarter, to, past, half, am, pm, digital and analogue. Involve your students with telling time at home.

In English this term, we will be exploring the persuasive unit on advertising. "Students recognise and analyse characteristic ideas and persuasive techniques including language features and devices, audio effects and visual composition in advertisements and their impact on the target audience." There are two assessment tasks. The reading and viewing comprehension to identify and interpret the persuasive language features and visual elements of a product's packaging. They design a package for a common every day item to write a promotional script for that item.

### **Jundah State School cont:**



The learning wall for English.

In Science, the Preps and Year 2 students will be learning about the needs and characteristics of living things. The students in Year 3 to Year 6 will be learning about the features used to distinguish between living and non-living things, as well as the structural and behavioural adaptations living things have in order to survive in particular environments.

Kindy will be reading Joy Cowley books this term. This week 'Mrs Wishy Washy's Tub' is the story with a farm theme. The songs, 'Farmer in the Dell' and 'Old MacDonald' will be sung and students will be able to improvise substituting other farm animals into the story and songs.

Students will be doing sequencing activities, retelling stories, creating characters and exploring farm animals. They will match adult farm animals with the baby farm animal. They will explore the sounds that the farm animals make. Students will have the opportunity to make a clock and discuss time. They will count the farm animals in the stories and songs.

ANZAC day wreaths were made while discussing the importance of the day and what it means.









Prep and Year 2 students made 3 models with the lego of a favourite place in HASS.

Yours in education, Chris Volker, Principal

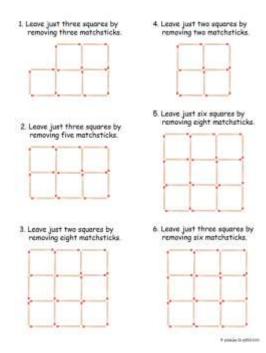
## **Kids Corner**





There are 12 kids in a classroom. 6 kids are wearing socks and 4 are wearing shoes. 3 kids are wearing both. How many are bare feet?

### Matchstick Puzzles - #1



### Matchstick Puzzles - #2

